



2022 मेयर सीनियर समिट और ओल्ड एडल्स एक्सपो

बुधवार, 11 मई
सुबह 10 बजे से दोपहर 12 बजे तक
वुडब्रिज कम्युनिटी सेन्टर
600 मेन स्ट्रीट, वुडब्रिज



The Mayor's Senior Summit and Older Adults Expo is where older adults, families and caregivers can learn the Senior Services that are available to them, and connect with a variety of valuable information resources through meeting with exhibitors. This month, we focus on how older adults can age with dignity in our community by living independently for as long as possible, and participating in ways they choose. The Expo is the perfect place to help older residents stay well and healthy while aging in place in our community.

Exhibitors are from many segments of elder care including:

- Senior Centers
- Senior Transportation
- Social Work Services
- Health and Wellness
- Libraries
- Arts and Entertainment
- Eldercare
- Office on Aging
- Alzheimer's Resources
- Housing Resources
- Nutrition
- Police Community Affairs
- Visiting Physicians
- Home Energy Assistance
- Medication Management
- Pharmacies
- Home Health Care
- Home Improvement
- And much more.

एक्सपो सुबह 10 बजे शुरू होगा। सुबह 11 बजे सीनियर समिट में मेयर बोलेंगे।

कार्यक्रम में भाग लेने के लिए कोई फीज़ नहीं है। पूर्व रेजिस्ट्रेशन की आवश्यकता नहीं है। हल्का नाश्ता होगा।



Senior Transportation of Woodbridge (STOW)
for Township residents 60 years of age and older.
(732)726-2394



AGE MY WAY: MAY 2022